

10-Year Long-Term Outcomes of Left Main Revascularization The **MAIN-COMPARE** Registry and Key Sub-studies

Seung-Jung Park, MD, PhD

Professor of Medicine, University of Ulsan College of Medicine
Asan Medical Center, Seoul, Korea

ESC Guidelines 2018

Elective PCI for LM Stenosis

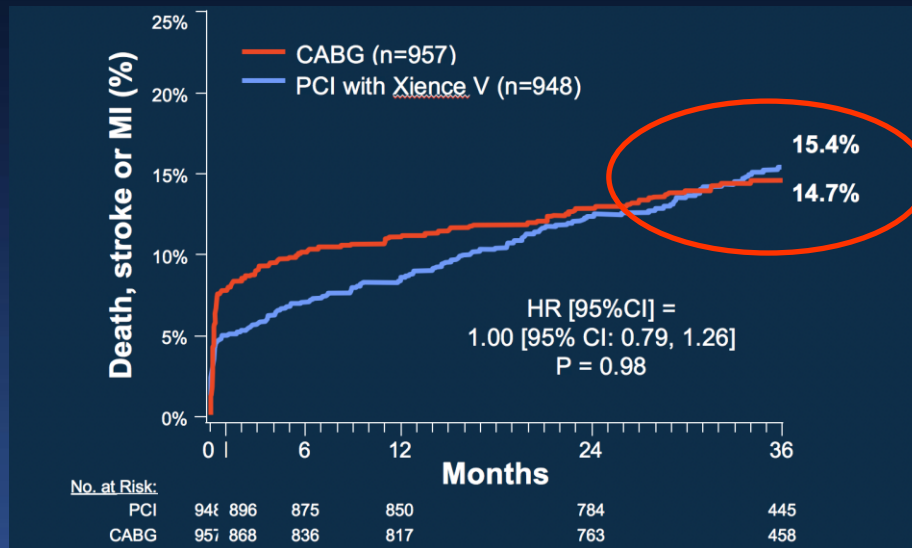
Remaining Issue :
**We Are Demanding Very Long-Term (ie,10-Year)
Results of PCI and CABG for LM disease**

Reference; SYNTAX Study, PRECOMBAT study, MAINCOMPARE registry study and Meta-Analysis. *Patrick, SW et al, NEJM. 2009 March 5;360(10), Park SJ et al, NEJM. 2011 May 5;364(18):1718-27, Levin GN et al. ACC/AHA guidelines. JACC 2011;58:44-122, Capodanno et al, JACC 2011;58:1426-32*

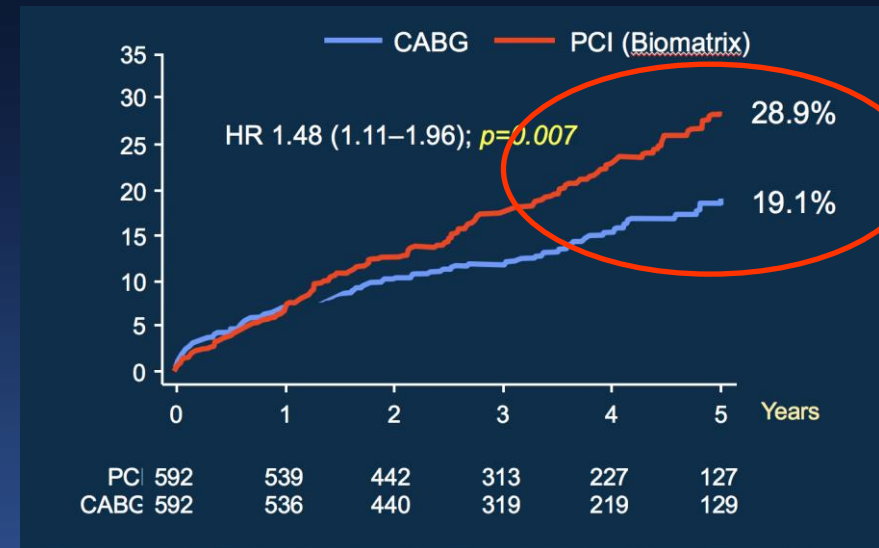
Why We Need Very Long-Term Comparative Outcomes of PCI vs. CABG in LM Disease?

There Is Some Signals...

EXCEL



NOBLE



Longer-term follow-up (beyond 5 years) is necessary to examine additional differences between PCI and CABG over time.

Adjudicated Outcomes at 4 Years (i)

	PCI (n=948)	CABG (n=957)	HR [95%CI]	P-value
Death, stroke or MI (1° endpoint)	18.6%	16.7%	1.10 [0.88, 1.36]	0.40
- Death	10.3%	7.4%	1.39 [1.02, 1.89]	0.04
- Definite cardiovascular	4.3%	3.6%	1.17 [0.74, 1.86]	0.50
- Definite non-cardiovascular	5.3%	3.3%	1.61 [1.01, 2.56]	0.04
- Undetermined cause	1.1%	0.7%	1.49 [0.53, 4.19]	0.45
- Stroke	2.6%	3.3%	0.76 [0.44, 1.31]	0.32
- MI	9.5%	8.8%	1.05 [0.77, 1.42]	0.76
- Peri-procedural	3.9%	6.1%	0.65 [0.43, 0.98]	0.04
- Spontaneous	5.7%	3.2%	1.77 [1.12, 2.82]	0.01
- STEMI	1.9%	2.8%	0.65 [0.35, 1.19]	0.16
- Non-STEMI	7.8%	6.3%	1.22 [0.86, 1.72]	0.26

10-Year Report MAIN-COMPARE Registry

Wave 1 (BMS era)

LM disease treated with BMS (n=318) and concurrent CABG (n=448) btw 2000~2003

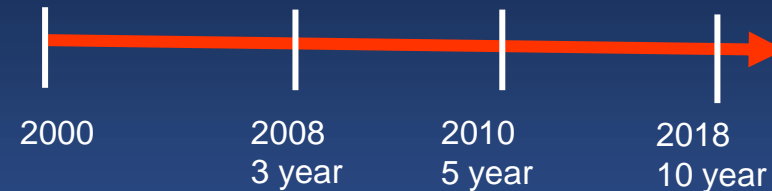
Wave 2 (DES era)

LM disease treated with DES (n=784) and concurrent CABG (n=690) btw 2003~2006

Total
2240

Stent (N=1102)

CABG (N=1138)

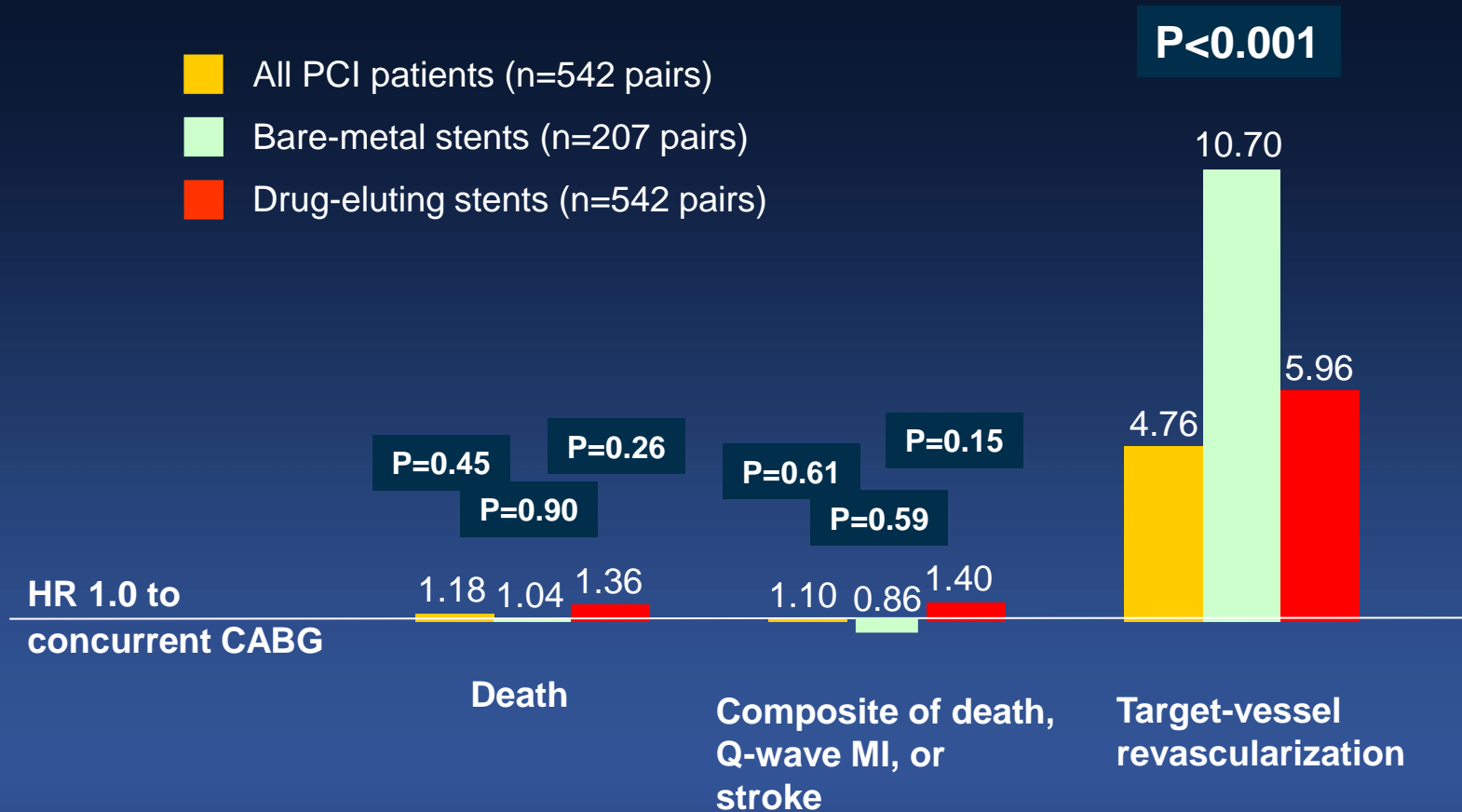


Clinical follow-up every 12 months
Death, Composite of Death/MI/Stroke, TVR

From January 2000 through June 2006

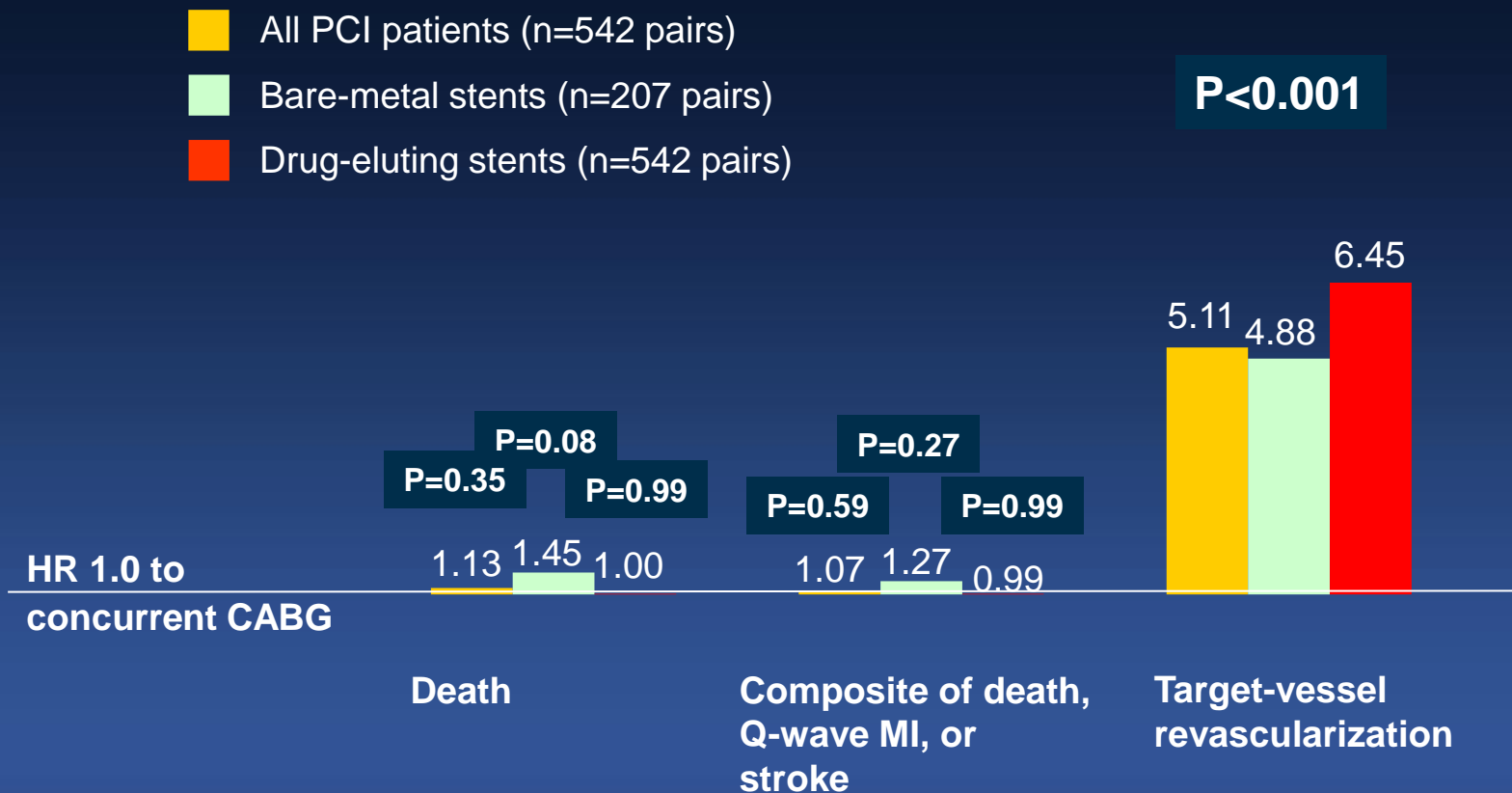
MAIN COMPARE Registry, 3-Year

Adjusted HR by Use of PS Matching



MAIN COMPARE Registry, 5-Year

Adjusted HR by Use of IPTW Method



10-Year FU and National DB Linkage

- In this report, the follow-up period was extended through December 31, 2016, to ensure that all patients had the opportunity for at least 10-year follow-up evaluation.
- For validation of complete follow-up data on mortality, information about vital status was obtained from the [National Population Registry of the Korea National Statistical Office](#) with the use of a unique personal identification number up to December, 31, 2016.
- The median duration of follow-up among all patients was 12.0 years (IQR, 10.7 to 13.5); the maximum follow-up was 17.6 years.

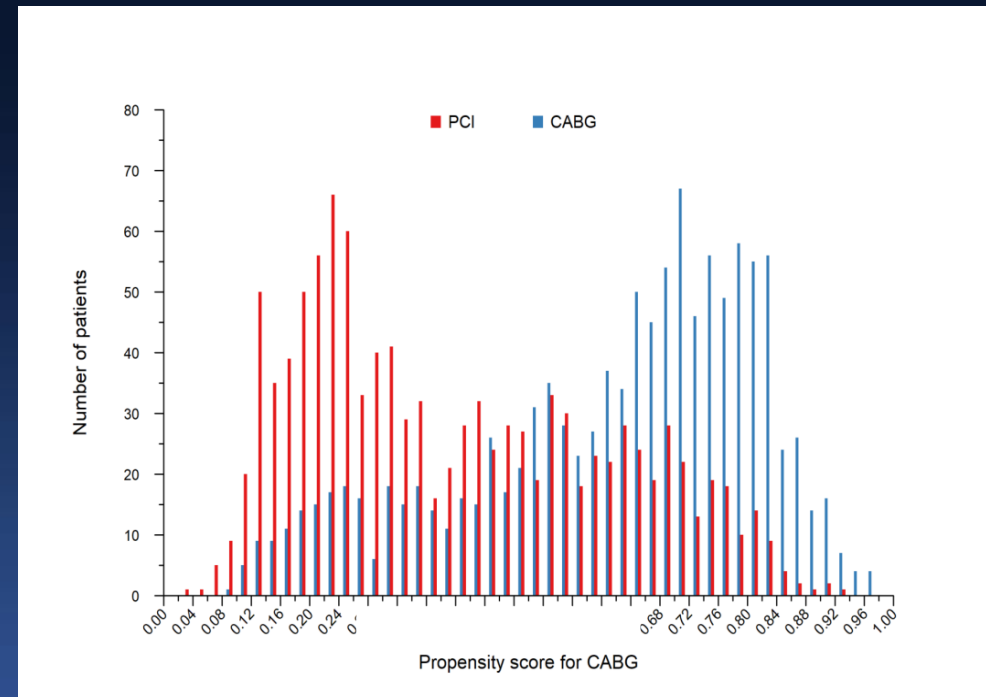
Statistical Analysis for 10-Year Outcomes

- All comparative analyses were performed in the overall cohort, wave 1 (BMS era), and wave 2 (DES era) cohort.
- To adjust baseline characteristics, propensity analyses using (1) the inverse-probability-of-treatment weighting (IPTW) and (2) propensity-score matching were performed.
- To characterize the time-dependent nature of the effects and to compensate for the violation of the proportional-hazard assumption, we performed weighted piecewise Cox regression models with robust standard errors according to a prespecified time point at 5 years.

Baseline Characteristics

	Unadjusted Data		
	PCI (N = 1102)	CABG (N = 1138)	P Value
Age (yr)	61.3±11.7	62.9±9.4	<0.001
Male gender	779 (70.7)	830 (72.9)	0.24
Diabetes mellitus			
Any diabetes	327 (29.7)	395 (34.7)	0.01
Requiring insulin	75 (6.8)	93 (8.2)	0.22
Hypertension	546 (49.5)	562 (49.4)	0.94
Hyperlipidemia	315 (28.6)	371 (32.6)	0.04
Current smoker	282 (25.6)	339 (29.8)	0.03
Previous PCI	200 (18.1)	125 (11.0)	<0.001
Previous MI	89 (8.1)	132 (11.6)	0.005
Previous CHF	27 (2.5)	38 (3.3)	0.21
Chronic lung disease	22 (2.0)	23 (2.0)	0.97
Cerebrovascular disease	78 (7.1)	83 (7.3)	0.84
PVD	16 (1.5)	62 (5.4)	<0.001
Renal failure	30 (2.7)	34 (3.0)	0.71
Ejection fraction (%)	60.6±10.8	57.2±11.9	<0.001

Distribution of Propensity-Score

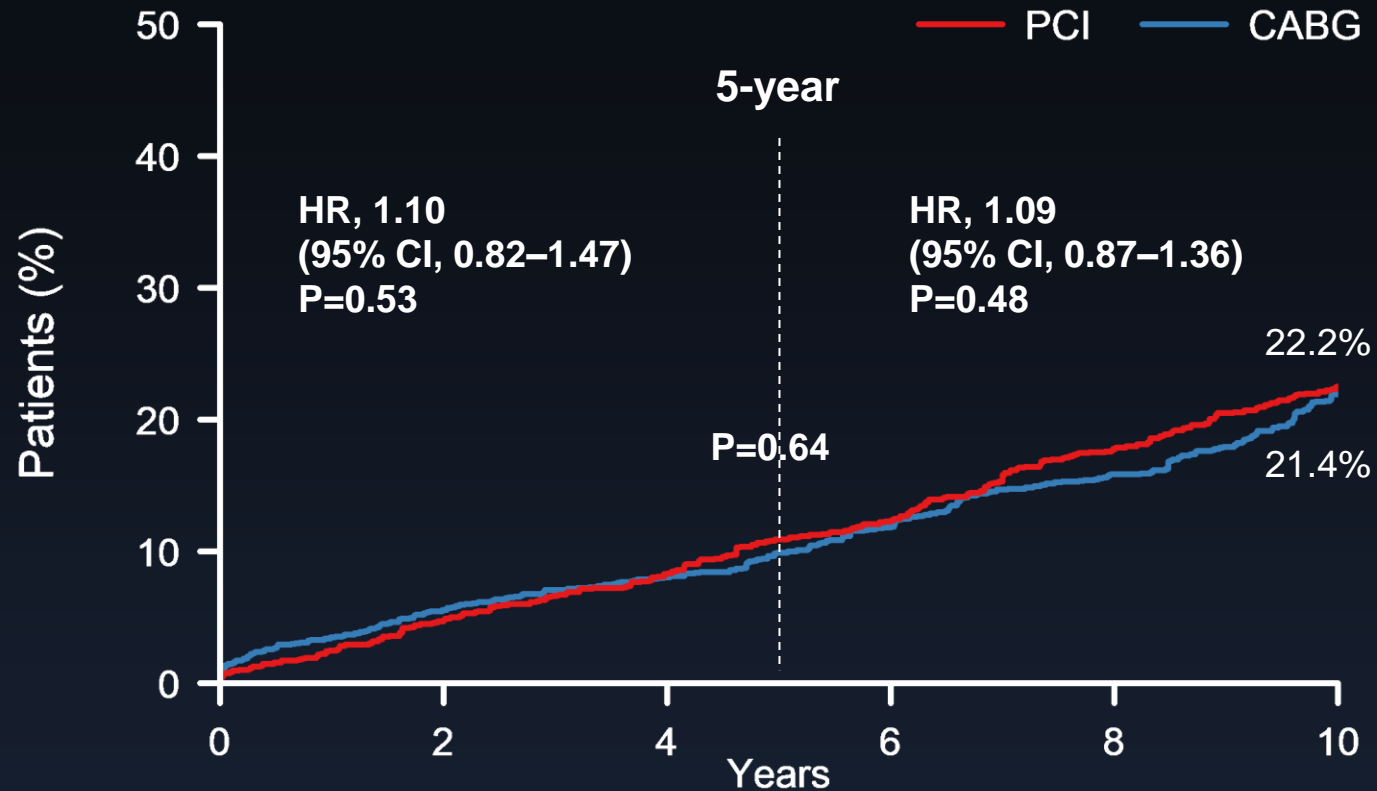


Procedural Characteristics

	CABG (n = 1138)	PCI (n = 1102)
CABG Group		
Off-pump surgery (%)	42	-
At least one arterial conduit (%)	98	-
IMA to LAD Graft (%) in patients with arterial conduits	98	-
✓ Grafts / Patients (Mean ± SD)	2.9±1.0	-
PCI Group		
Bare-metal stents(%)	-	29
Drug-eluting stents (%)	-	71
Sirolimus stents of DES (%)	-	77
Paclitaxel stents of DES (%)	-	23
Number of stents at LMCA lesions	-	1.2±0.5
Total length of stents at LMCA (mm)	-	28±21
Average stent diameter at LM site	-	3.5±0.4
✓ Number of stents per patients	-	1.9±1.1

Primary Adjusted Analysis with the Use of **IPTW Method**

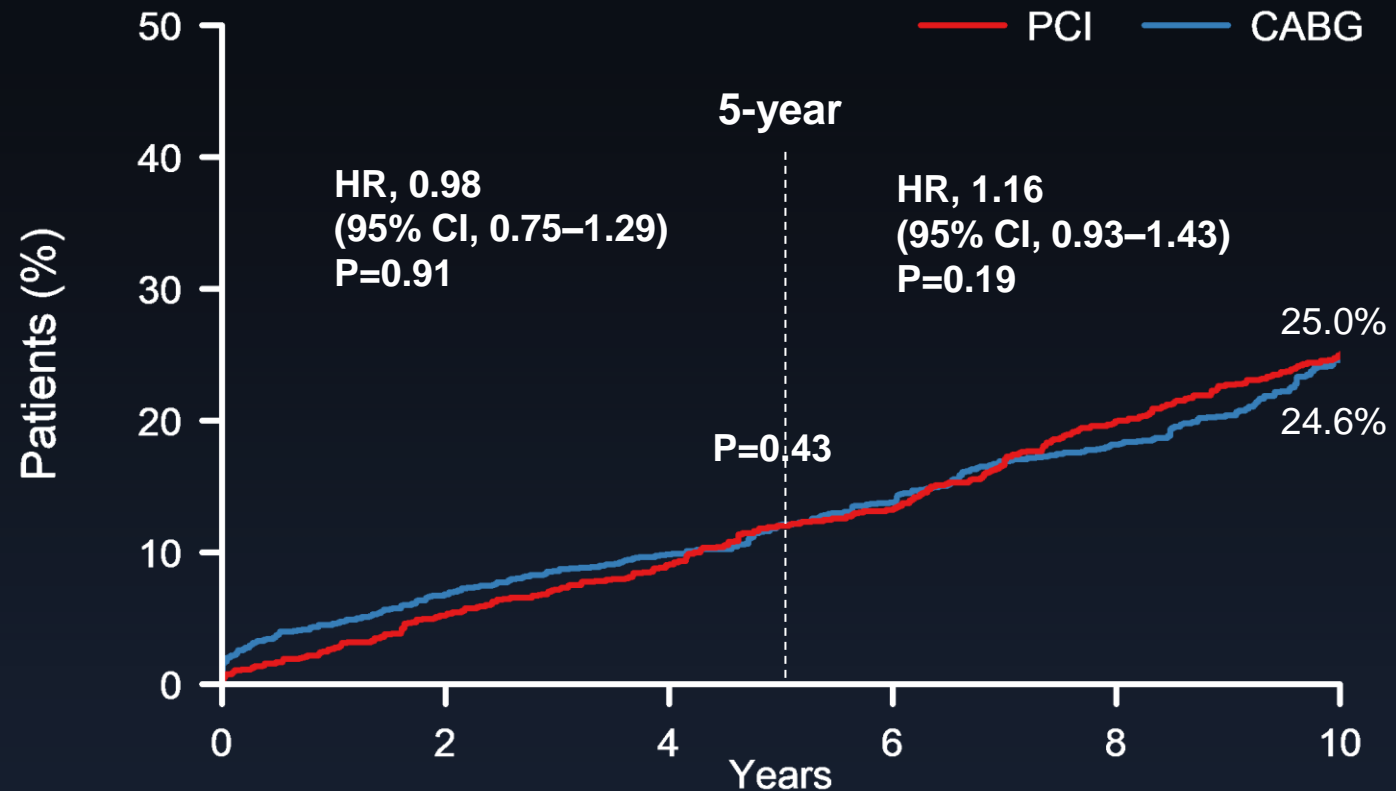
IPTW-Adjusted, Overall Cohort Death



Number at risk

PCI	1102	1049	1010	966	906	854
CABG	1138	1074	1046	1003	957	887

IPTW-Adjusted, Overall Cohort Death, Q-MI, or Stroke



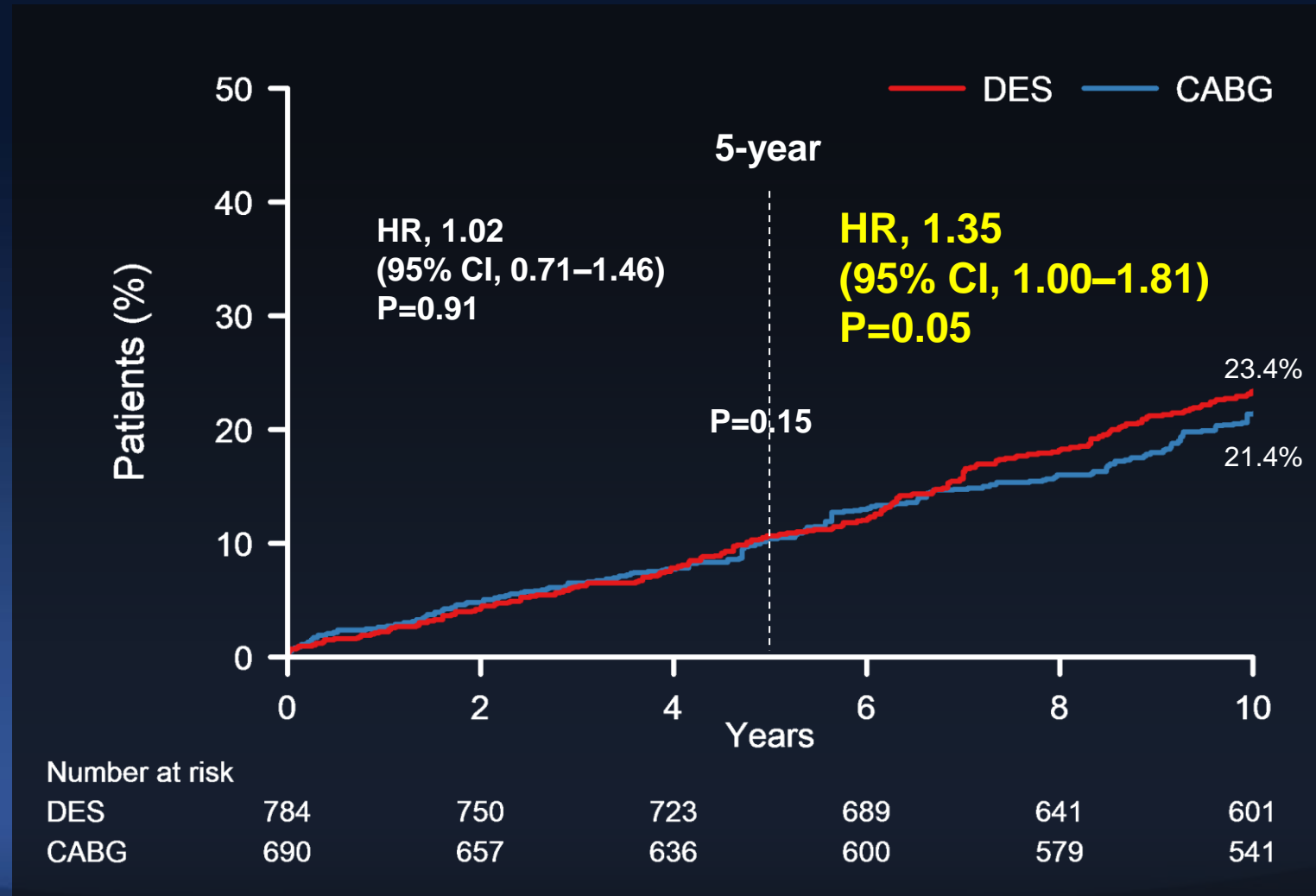
Number at risk

PCI	1102	1044	1002	956	882	827
CABG	1138	1060	1026	981	931	857

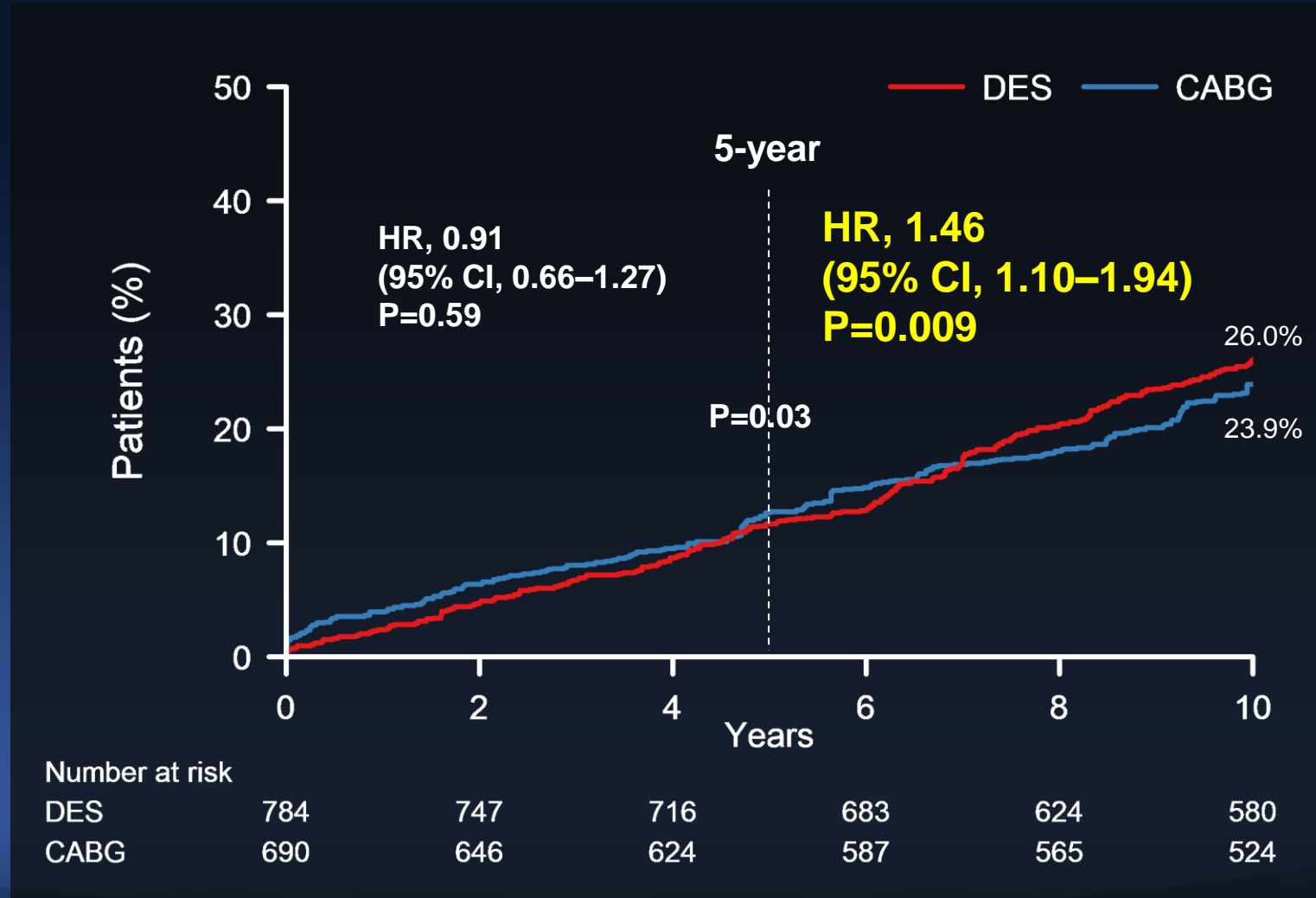
IPTW-Adjusted, Overall Cohort TVR



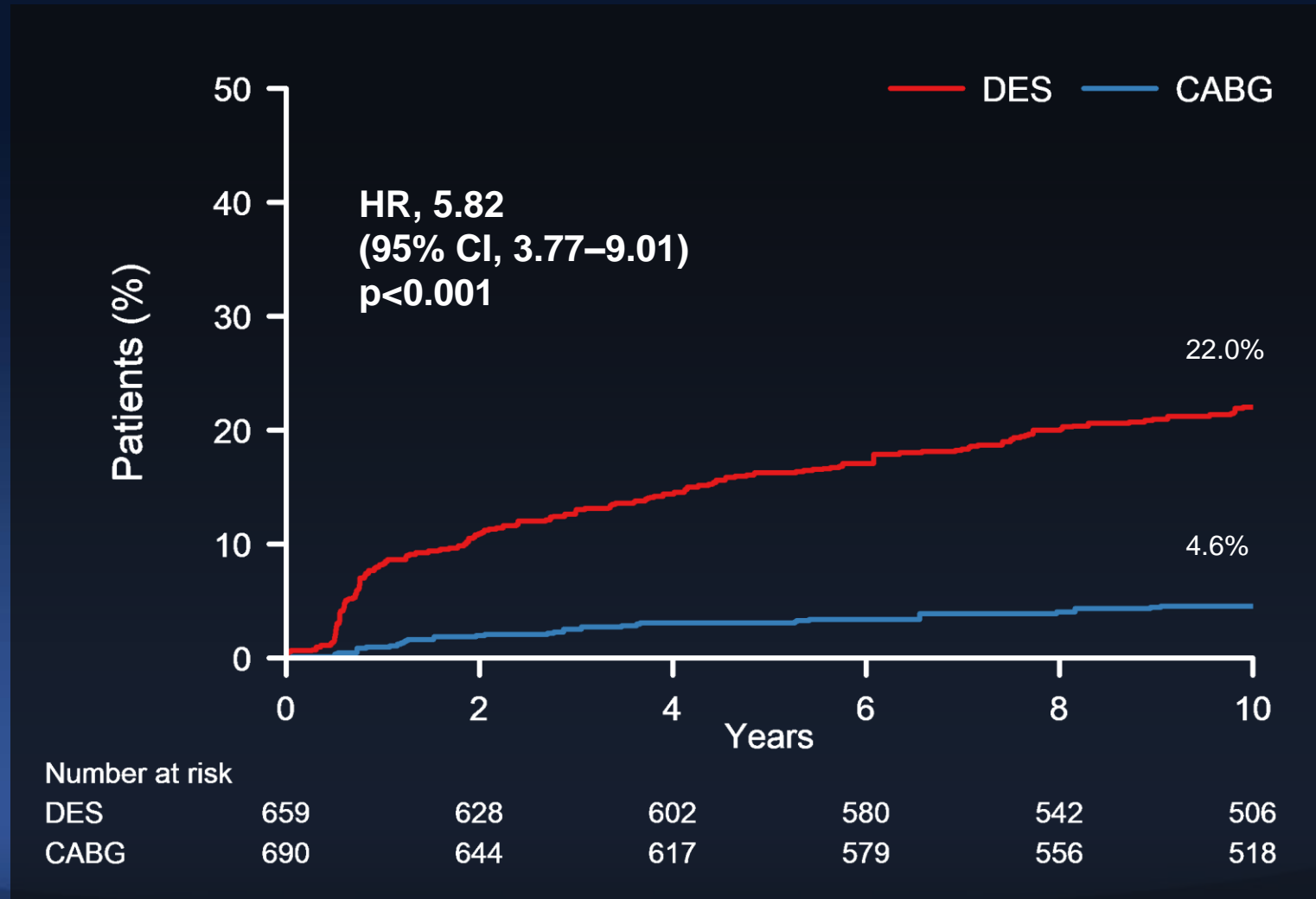
IPTW-Adjusted, Wave 2 (DES vs CABG) Death



IPTW-Adjusted, Wave 2 (DES vs CABG) Death, Q-MI, or Stroke



IPTW-Adjusted, Wave 2 (DES vs CABG) TVR



Conclusions

- In this longest FU cohort of patients with LMCA revascularization, there was no difference in the rates of death and serious composite outcome between the PCI and the CABG groups at 10 years.
- However, in the cohort comparing DES and concurrent CABG, DES was significantly associated with higher risks of death and serious composite outcomes compared to CABG after 5 years: the treatment benefit of CABG has diverged over time during continued follow-up.
- The rate of TVR was consistently higher in the PCI group.

Key Subgroups

- **DM vs. NON-DM**
- BMS vs. DES
- SES vs. PES
- SA vs. ACS
- SYNTAX Score

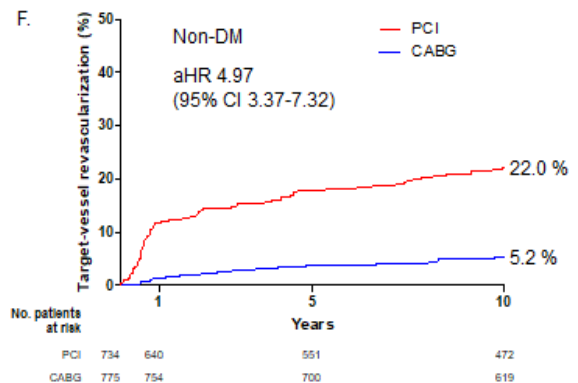
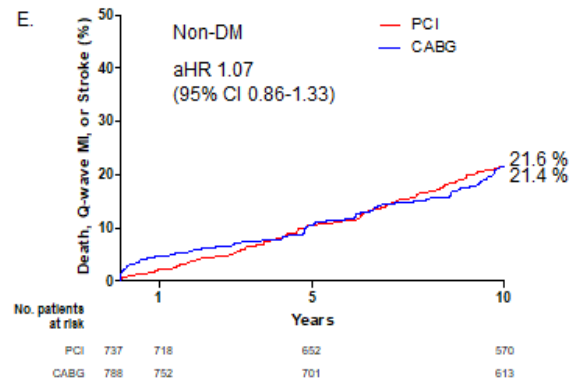
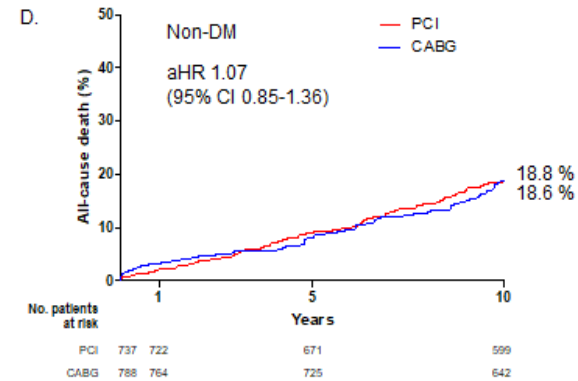
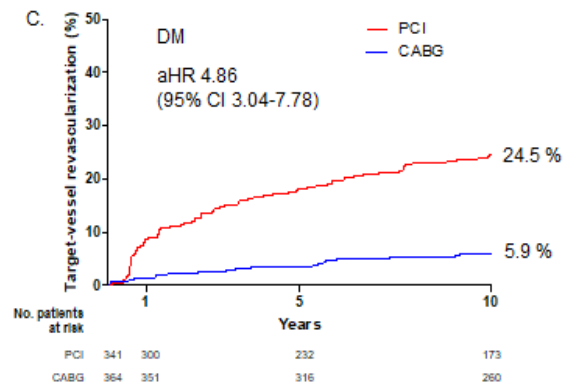
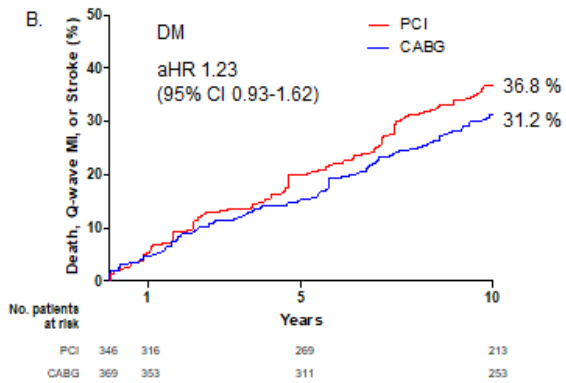
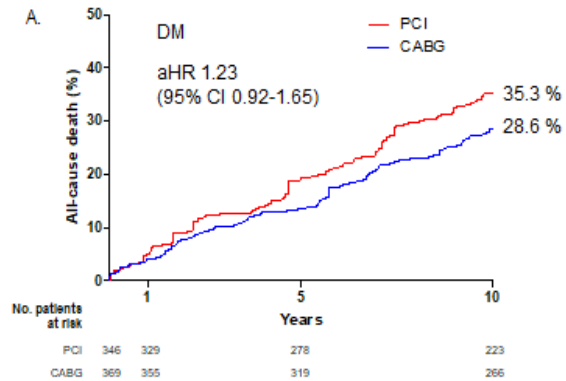
Adjusted Curve with IPTW: Overall Cohort

DM

All Death

**Death, MI
or Stroke**

TVR



Non-DM

P-int=0.41

P-int=0.40

P-int=0.82

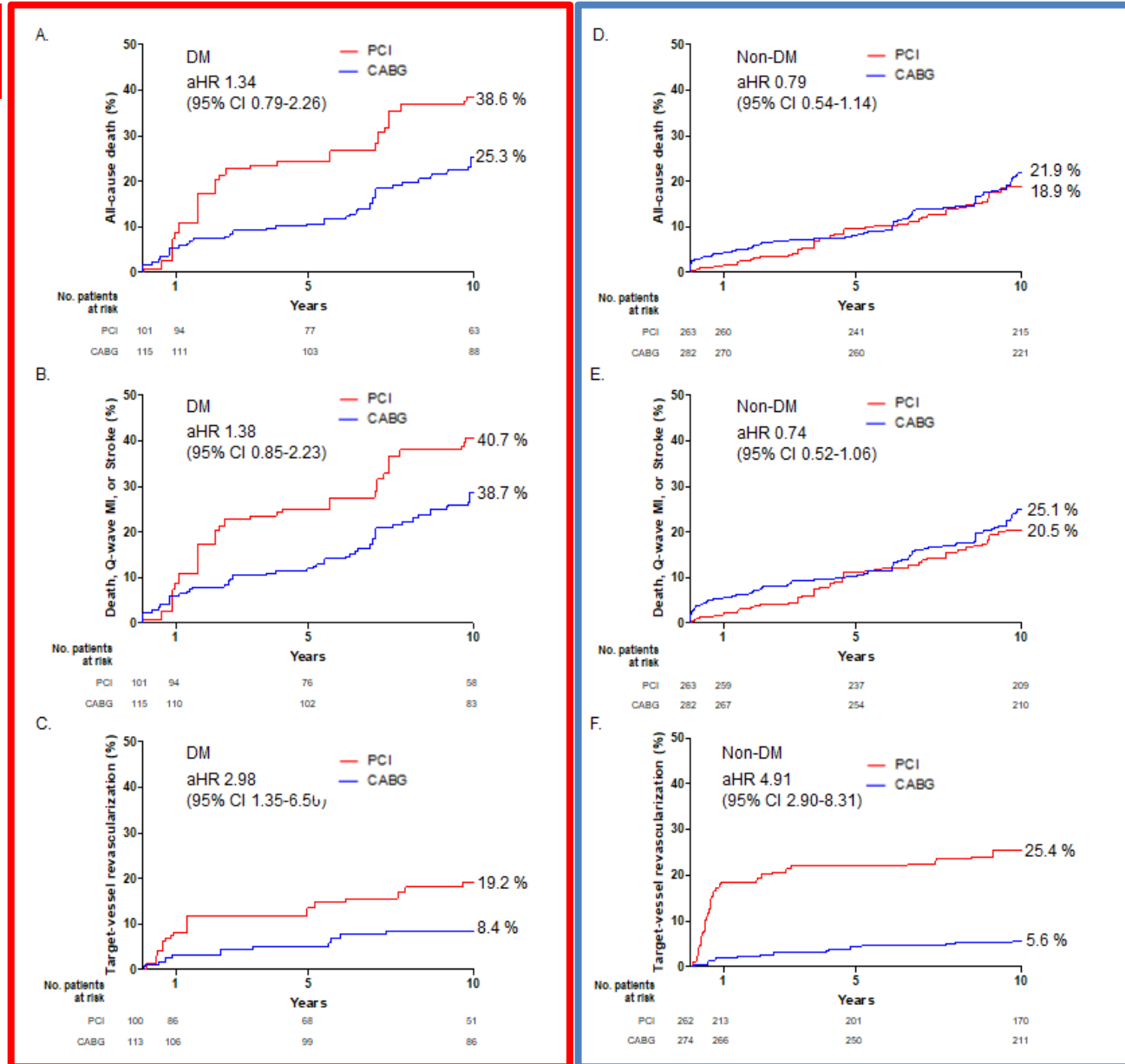
Adjusted Curve with IPTW: Cohort of BMS Era

DM

All Death

Death, MI or Stroke

TVR



Non-DM

P-int=0.09

P-int=0.04

P-int=0.23

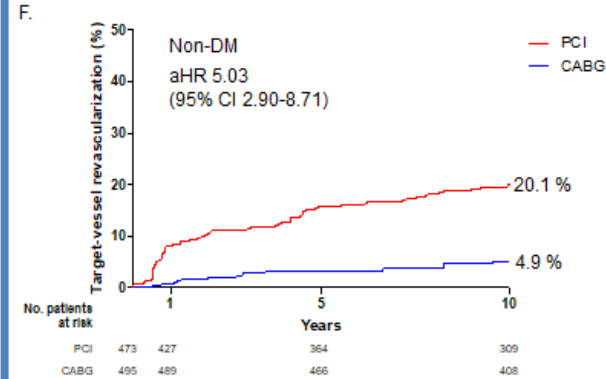
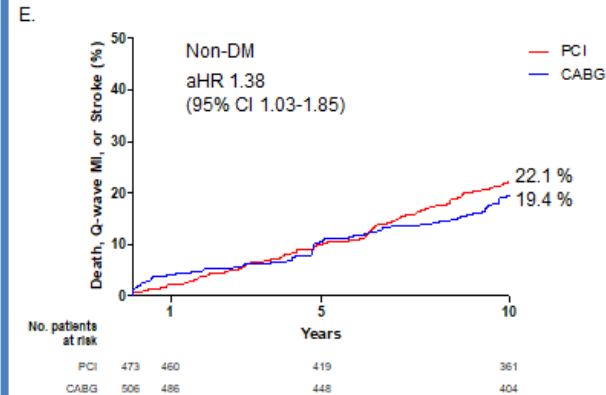
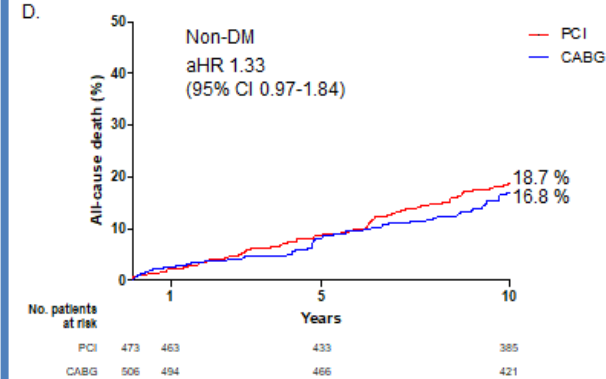
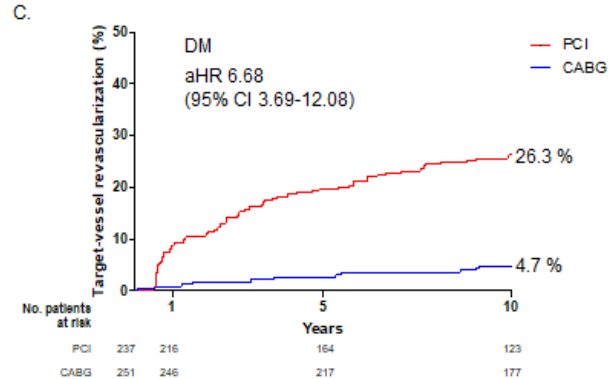
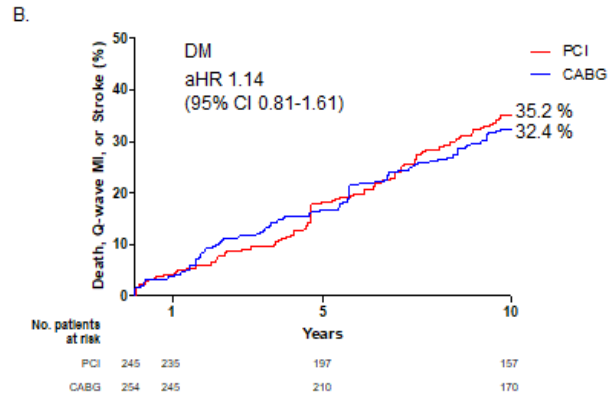
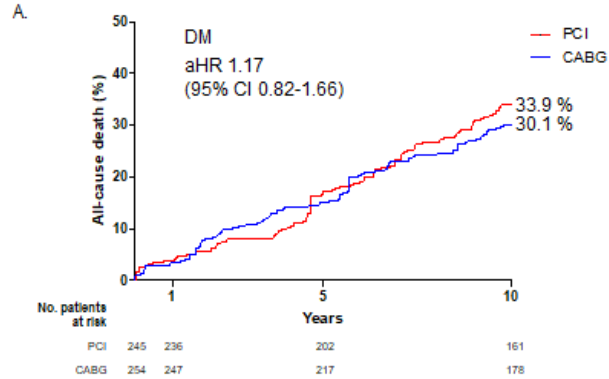
Adjusted Curve with IPTW: Cohort of DES Era

DM

All Death

Death, MI or Stroke

TVR



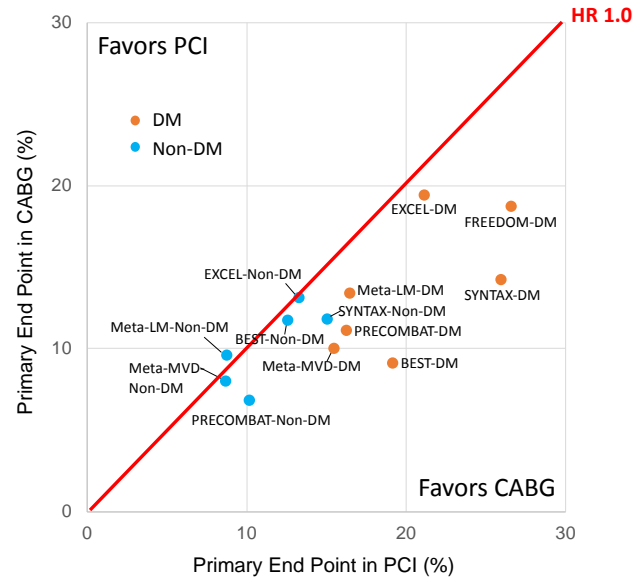
Non-DM

P-int=0.63

P-int=0.47

P-int=0.55

DM: Predictor of Decision-Maker? for Left Main Revascularization



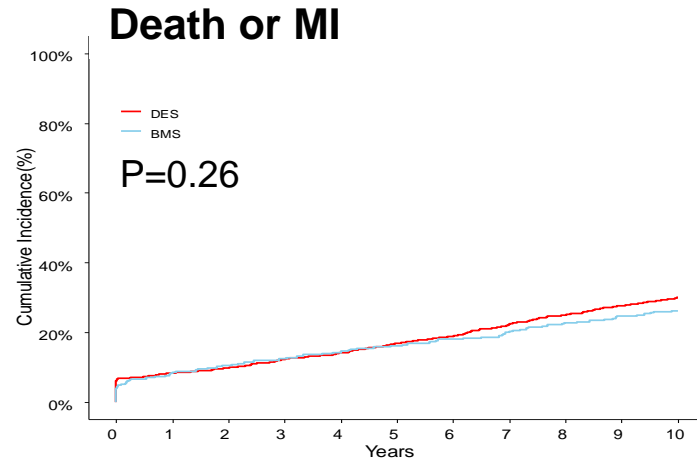
Trial	Primary End-Point	Hazard Ratio		P-Interaction
		DM	Non-DM	
Multivessel CAD				
SYNTAX (N=1800)	Composite of death, MI, stroke, or repeat revascularization	1.83 (1.22–2.73)	1.28 (0.97–1.69)	0.12
FREEDOM (N=1900)	Composite of death, MI, or stroke	<2yr: 1.11 (0.85–1.45) >2yr: 2.06 (1.41–3.02)	NA	NA
BEST (N=880)	Composite of death, MI, or TVR	2.24 (1.25–4.00)	1.07 (0.65–1.76)	0.06
Left Main CAD				
PRECOMBAT (N=600)	Composite of death, MI, stroke, or TVR	1.43 (0.65–3.16)	1.51 (0.76–2.99)	0.92
EXCEL (N=1905)	Composite of death, MI, or stroke	1.04 (0.70–1.55)	0.97 (0.72–1.30)	0.77
NOBLE (N=1184)	Composite of death, MI, stroke or repeat revascularization	15% DM, NA	NA	NA
IPD Meta-Analysis (11RCT) (N=11518)				
Multivessel disease (N=7040)	All-cause death	1.48 (1.19–1.84)	1.08 (0.86–1.36)	0.045
Left main disease (N=4478)	All-cause death	1.34 (0.93–1.91)	0.94 (0.72–1.23)	0.13

Park DW & Park SJ.
Editorial to EXCEL DM
Subgroup Analysis
JACC 2019 April, In-Press

Key Subgroups

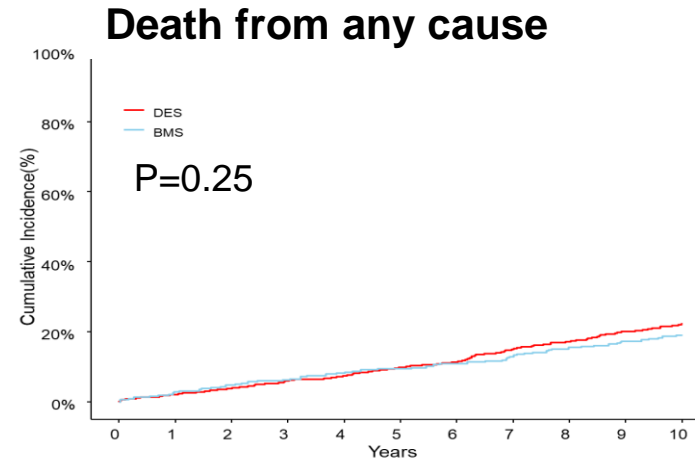
- DM vs. NON-DM
- **BMS vs. DES**
- SES vs. PES
- SA vs. ACS
- SYNTAX Score

Unadjusted K-M curve: BMS vs. DES



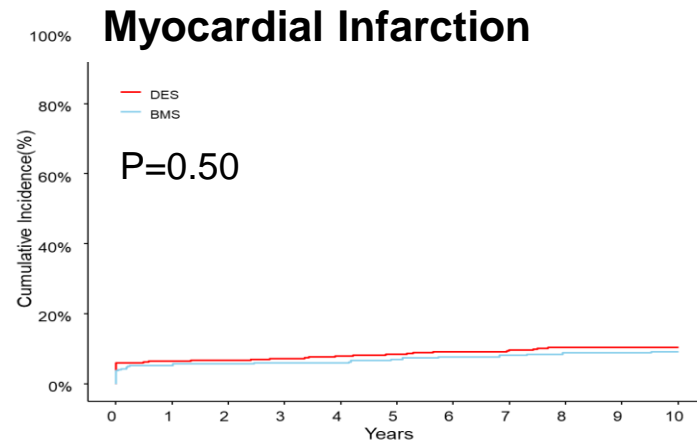
Number at risk

DES	784	718	704	680	665	644	628	600	580	560	542
BMS	318	292	285	279	273	266	259	252	244	238	233



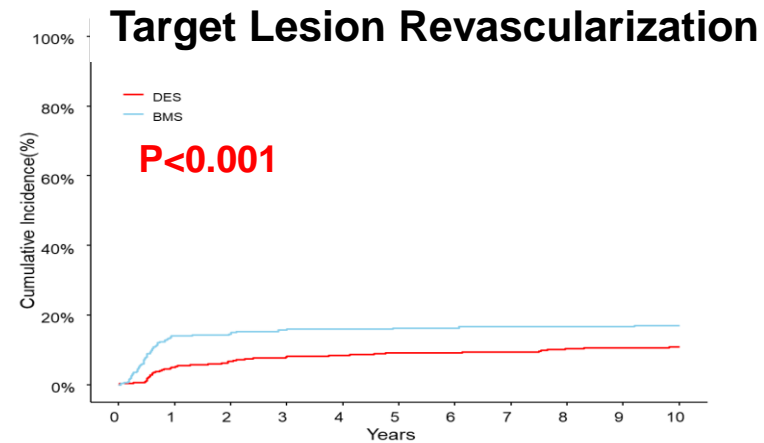
Number at risk

DES	784	765	749	727	714	696	684	655	639	617	600
BMS	318	309	303	298	292	287	280	273	266	260	255



Number at risk

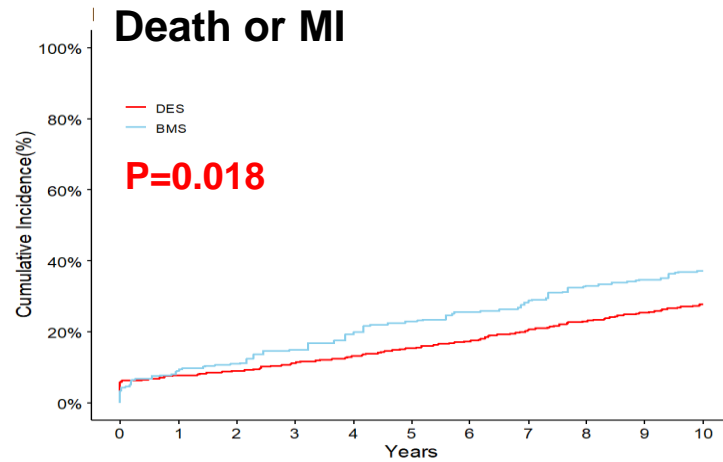
DES	784	718	704	680	665	644	628	600	580	560	542
BMS	318	292	285	279	273	266	259	252	244	238	233



Number at risk

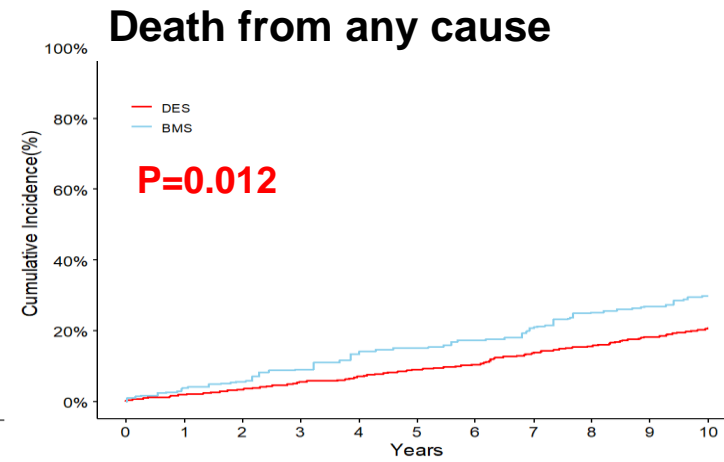
DES	784	727	698	667	653	632	622	594	574	553	540
BMS	318	265	259	252	246	241	234	228	222	217	211

Adjusted Curve with IPTW: BMS vs. DES



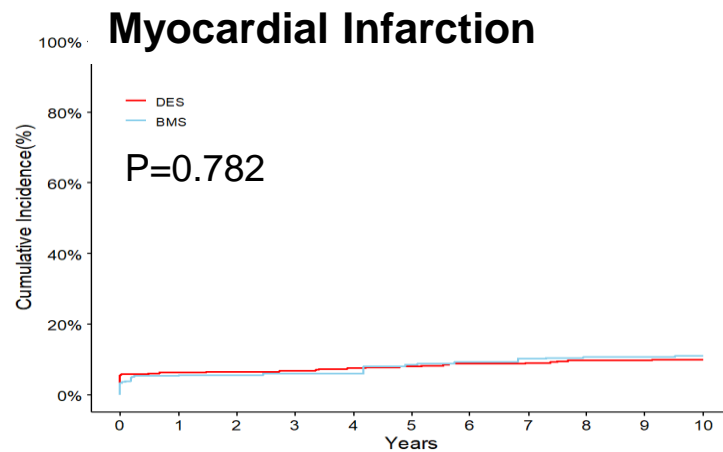
Number at risk

DES	784	723	711	688	673	654	640	614	596	577	558
BMS	318	289	283	271	257	245	235	225	212	206	199



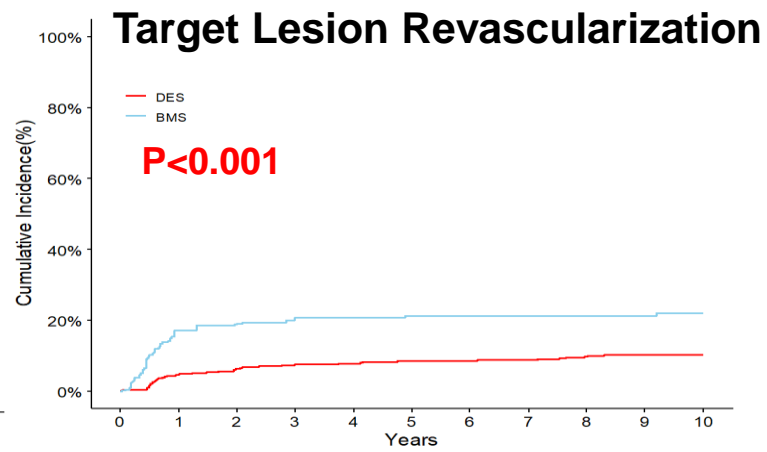
Number at risk

DES	784	767	754	732	719	704	693	667	652	632	614
BMS	318	306	300	290	275	270	261	249	237	231	222



Number at risk

DES	784	723	711	688	673	654	640	614	596	577	558
BMS	318	289	283	271	257	245	235	225	212	206	199



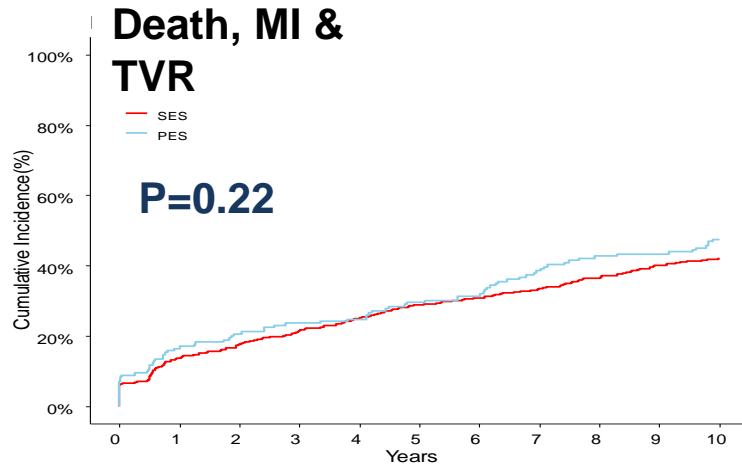
Number at risk

DES	784	733	707	677	662	644	634	609	590	569	555
BMS	318	253	245	233	219	214	204	198	186	182	172

Key Subgroups

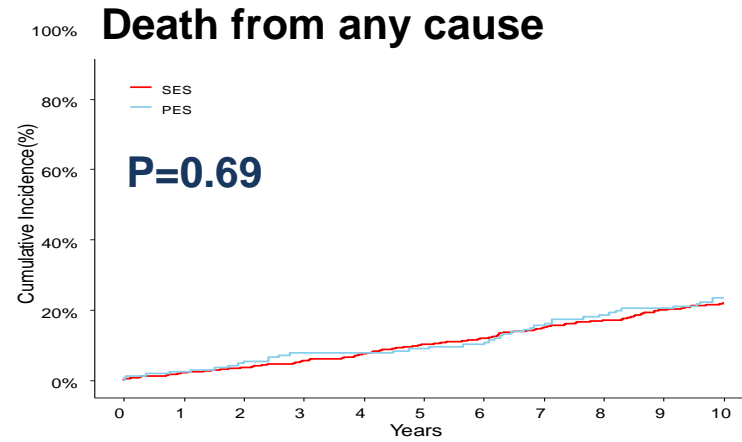
- DM vs. NONDM
- BMS vs. DES
- **SES vs. PES**
- SA vs. ACS
- SYNTAX Score

Unadjusted K-M curve: SES vs. PES



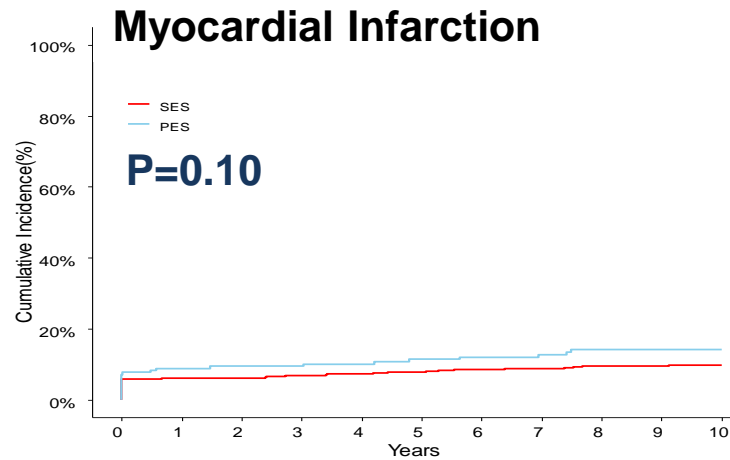
Number at risk

SES	607	524	499	473	450	427	415	399	381	359	348
PES	171	141	134	128	126	118	115	103	96	95	88



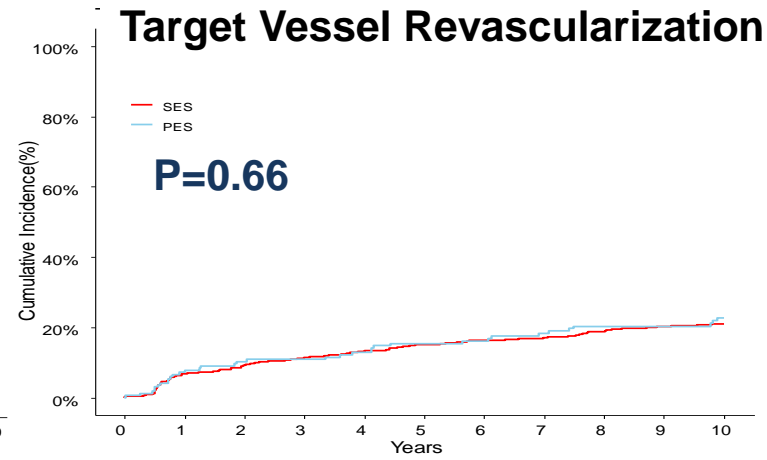
Number at risk

SES	607	595	584	569	556	540	530	510	499	481	469
PES	171	165	160	153	153	151	149	140	135	132	127



Number at risk

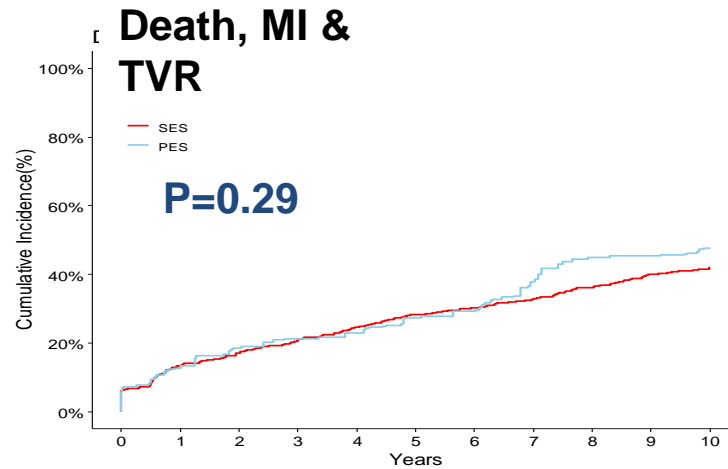
SES	607	562	551	533	519	502	488	469	455	438	425
PES	171	151	148	142	141	137	135	126	120	118	113



Number at risk

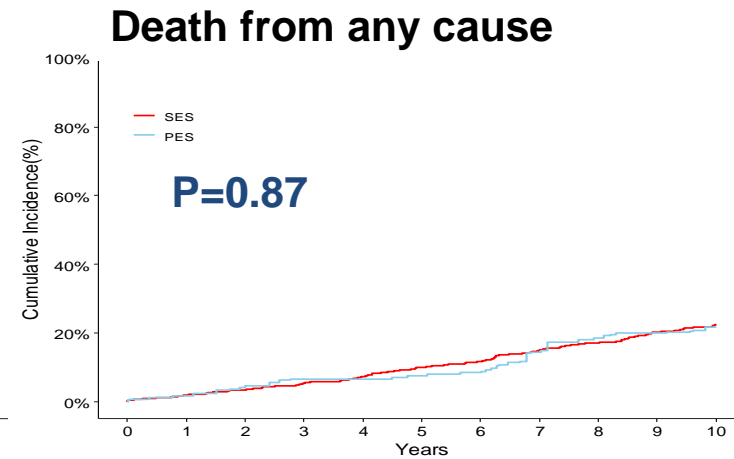
SES	607	556	530	505	483	459	447	429	411	388	378
PES	171	153	144	137	134	128	125	114	107	105	98

Adjusted Curve with IPTW: SES vs. PES



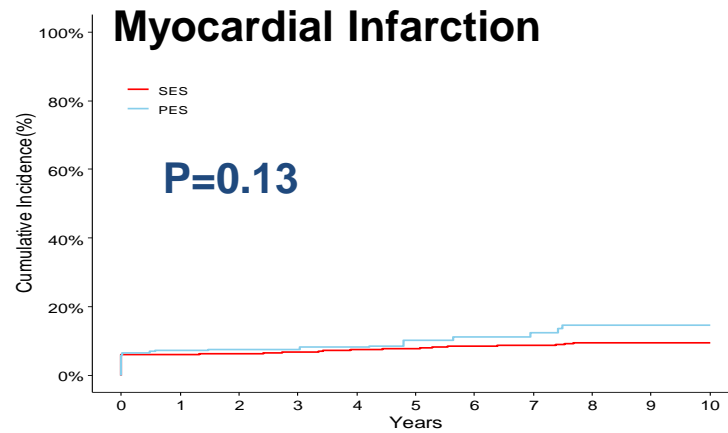
Number at risk

SES	607	526	501	477	453	431	419	402	383	360	349
PES	171	148	138	133	130	123	119	105	93	92	89



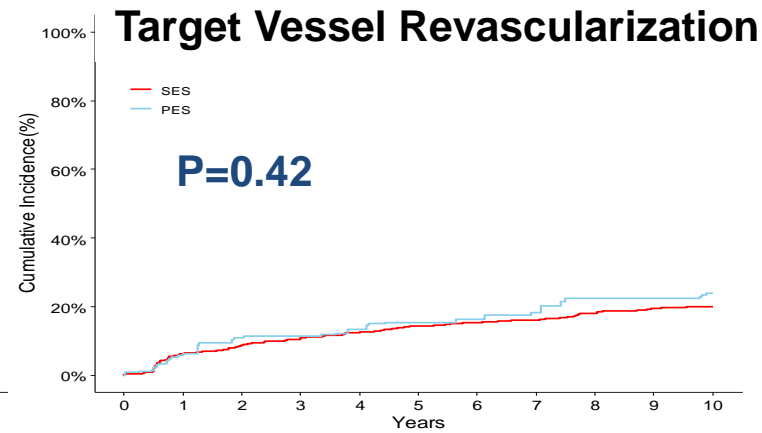
Number at risk

SES	607	596	584	571	557	541	531	510	498	480	467
PES	171	167	162	157	157	155	153	144	136	134	131



Number at risk

SES	607	562	551	534	519	503	489	470	455	438	424
PES	171	155	154	149	147	143	141	129	120	118	115



Number at risk

SES	607	559	533	509	487	464	452	433	414	390	380
PES	171	157	145	140	136	132	129	117	105	103	100

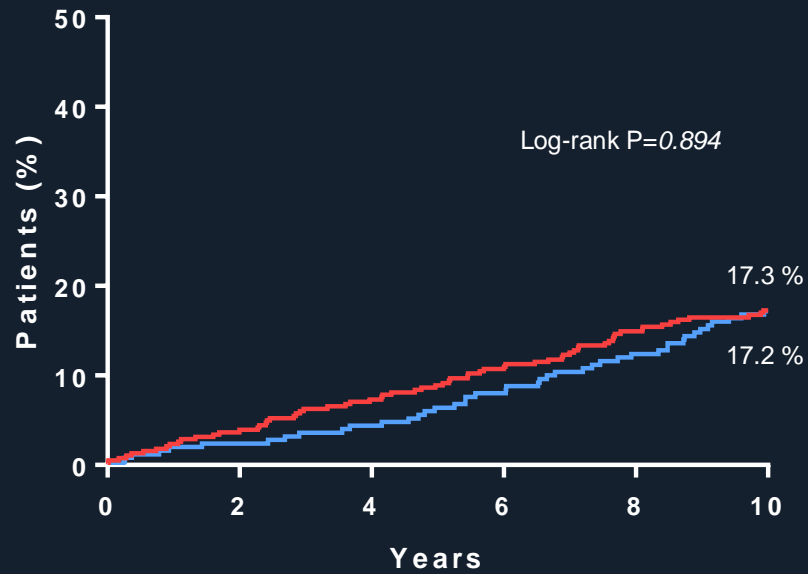
Key Subgroups

- DM vs. NONDM
- BMS vs. DES
- SES vs. PES
- **SA vs. ACS**
- SYNTAX Score

All-Cause Death

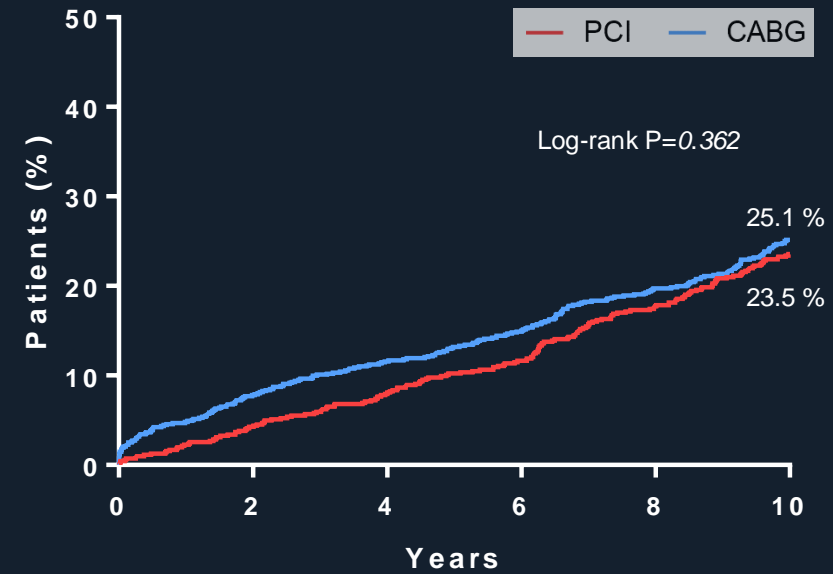
P-for-interaction = 0.62

Non-ACS



Number at risk		0	2	4	6	8	10
PCI	386	368	355	342	326	316	
CABG	251	245	240	231	220	207	

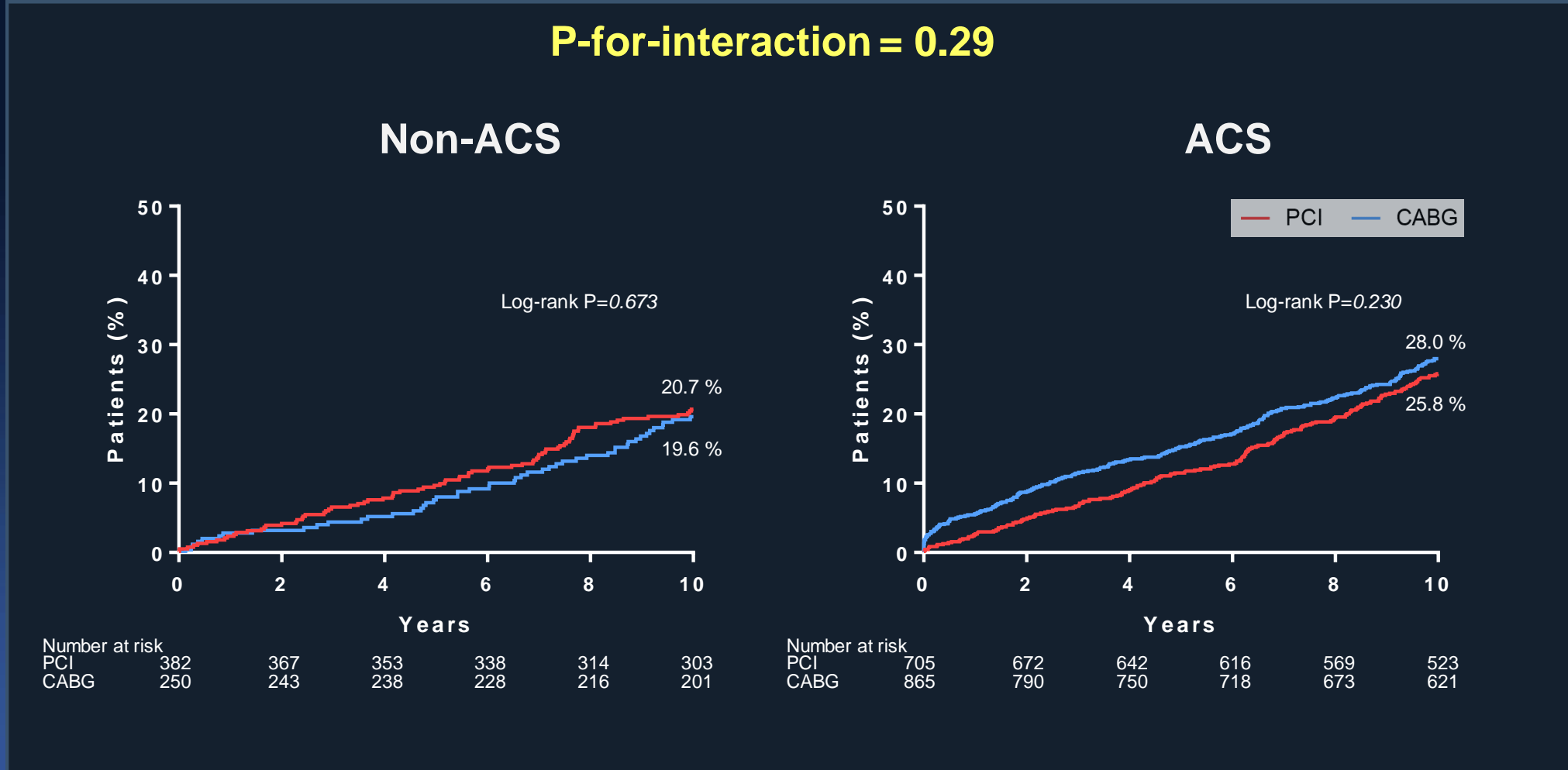
ACS



Number at risk		0	2	4	6	8	10
PCI	715	676	649	624	581	539	
CABG	885	804	771	742	700	650	

Composite of Death, Q-wave MI, or Stroke

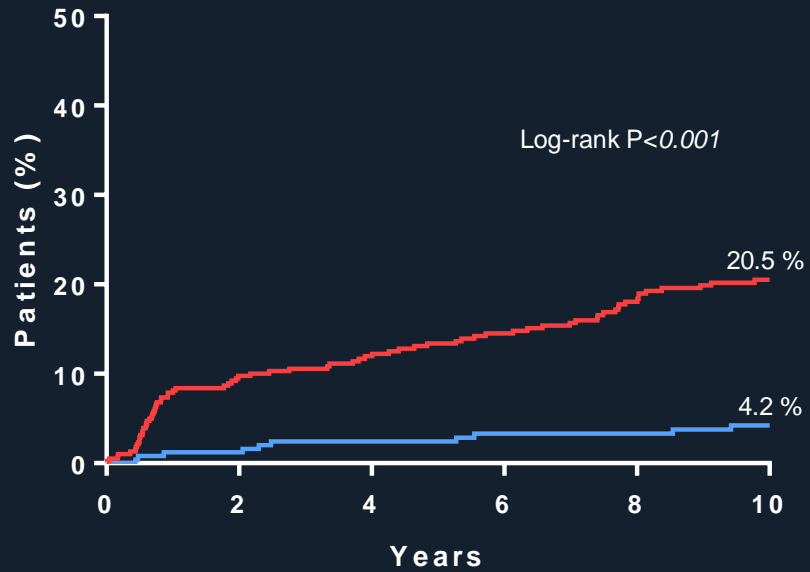
P-for-interaction = 0.29



Target-vessel Revascularization

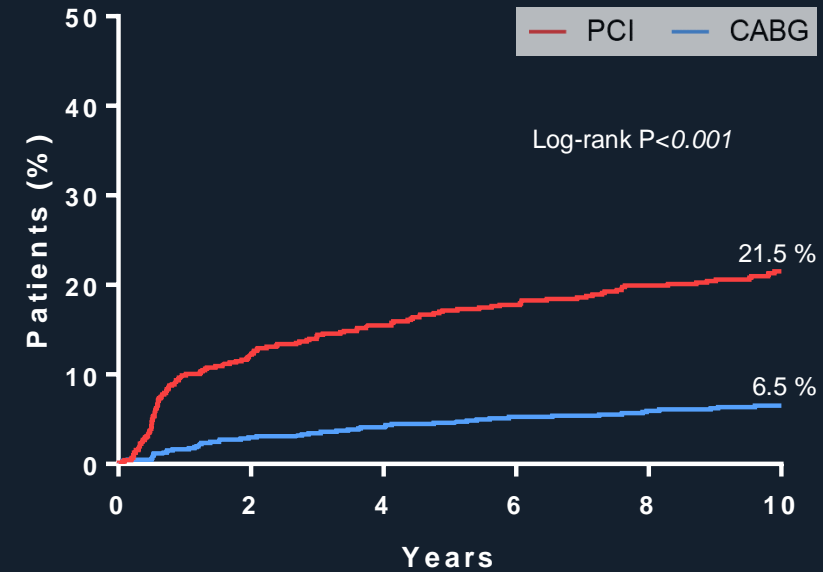
P-for-interaction = 0.39

Non-ACS



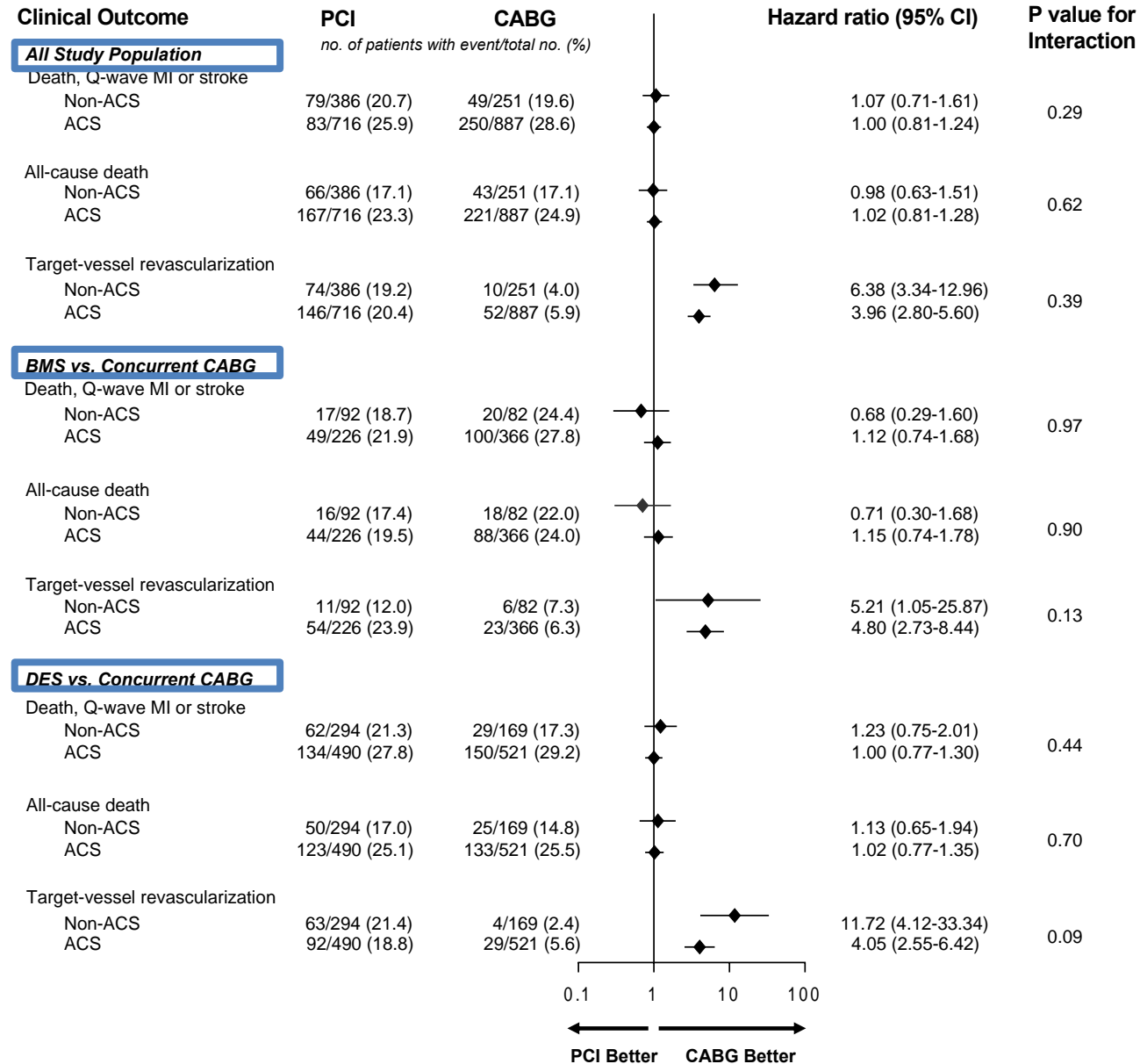
Number at risk		0	2	4	6	8	10
PCI	386	335	316	297	272	256	
CABG	251	243	235	224	214	200	

ACS



Number at risk		0	2	4	6	8	10
PCI	715	604	557	522	476	436	
CABG	885	794	753	715	673	622	

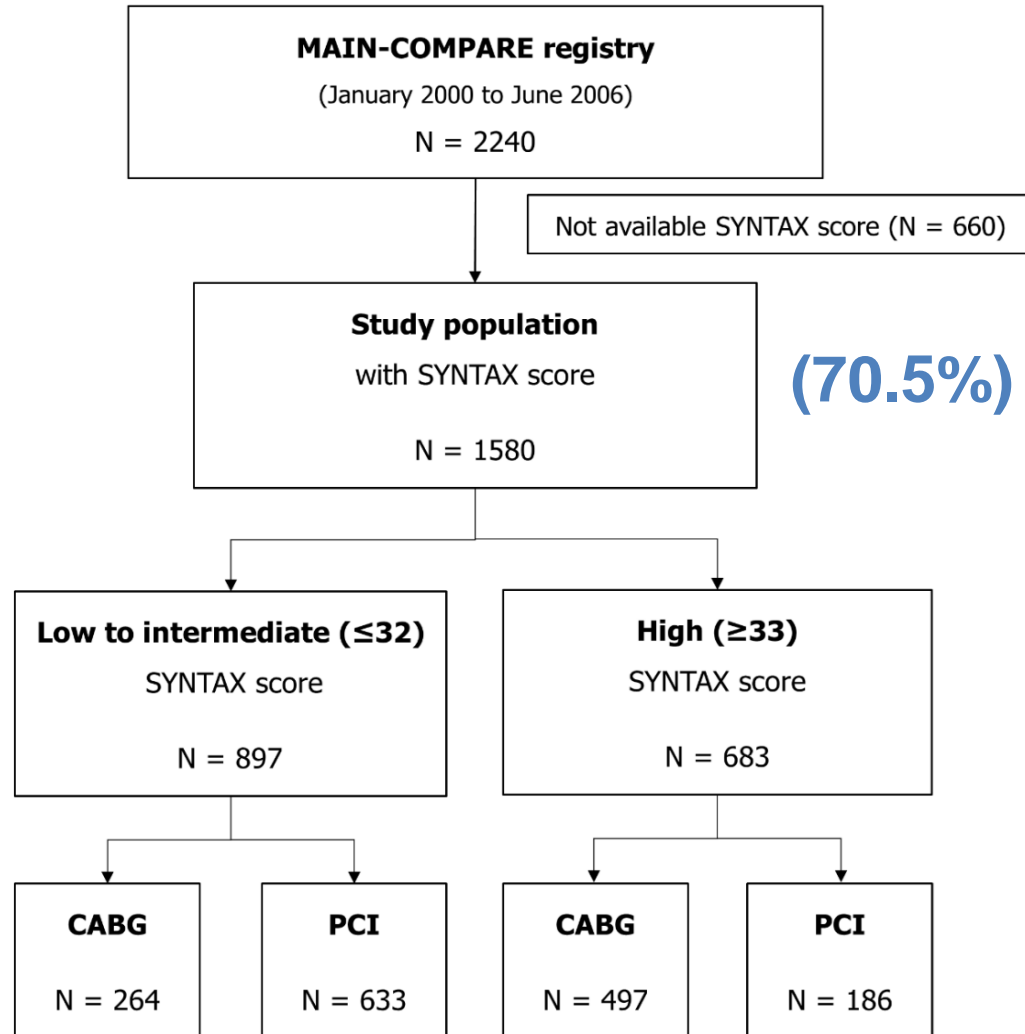
Adjusted Hazard Ratio



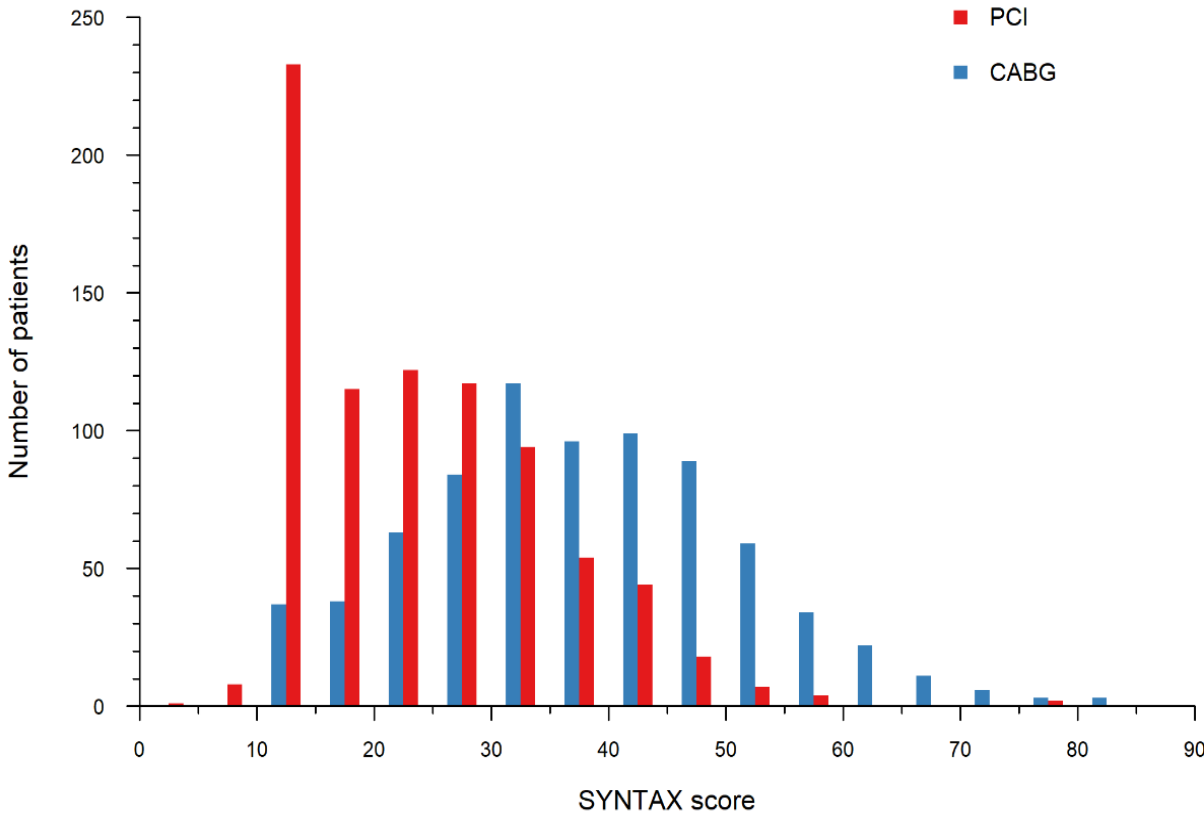
Key Subgroups

- DM vs. NONDM
- BMS vs. DES
- SES vs. PES
- SA vs. ACS
- **SYNTAX Score**

MAINCOMPARE: Subgroup with available SYNTAX score



SYNTAX Score Distribution



**The median SS:
23.0 (IQR, 14.0–31.2) in PCI arm and
37.5 (IQR 29.0–47.5) in CABG arm**

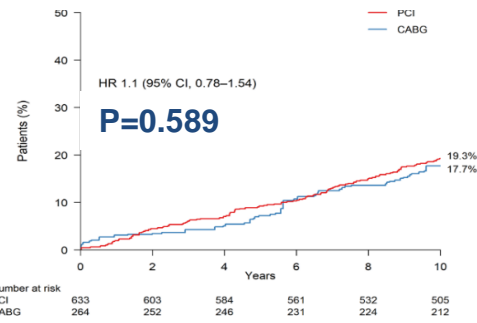
Adjusted Curve with IPTW: PCI vs. CABG

Low to Intermediate
SYNTAX score

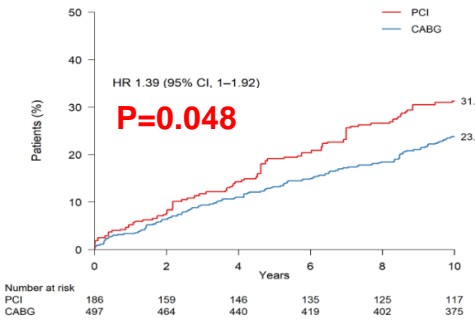
High
SYNTAX score

PCI
CABG

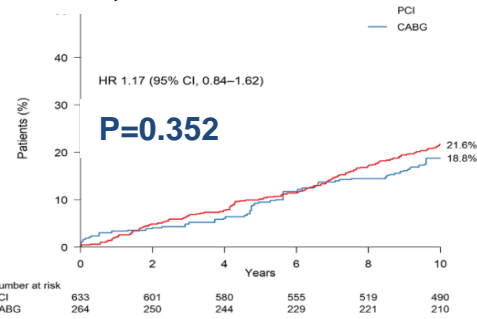
Death from any cause



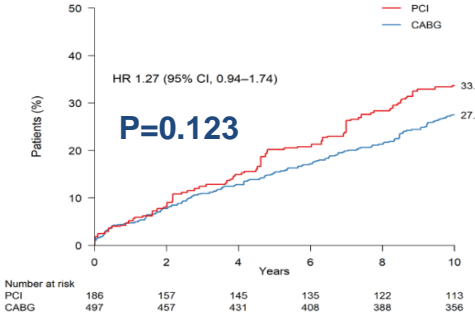
D Death from any cause



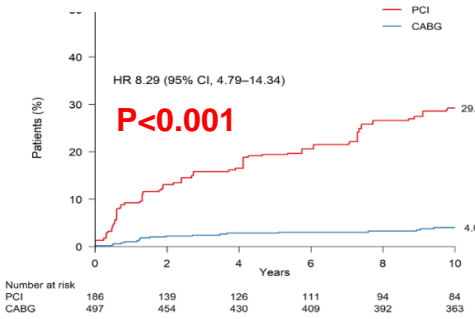
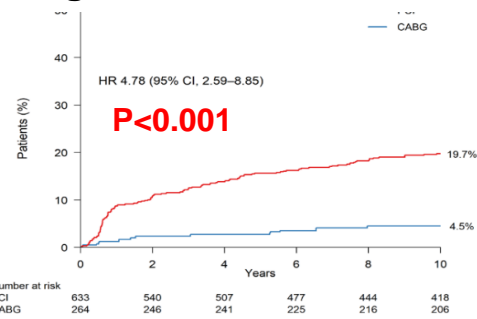
Death, MI or Stroke



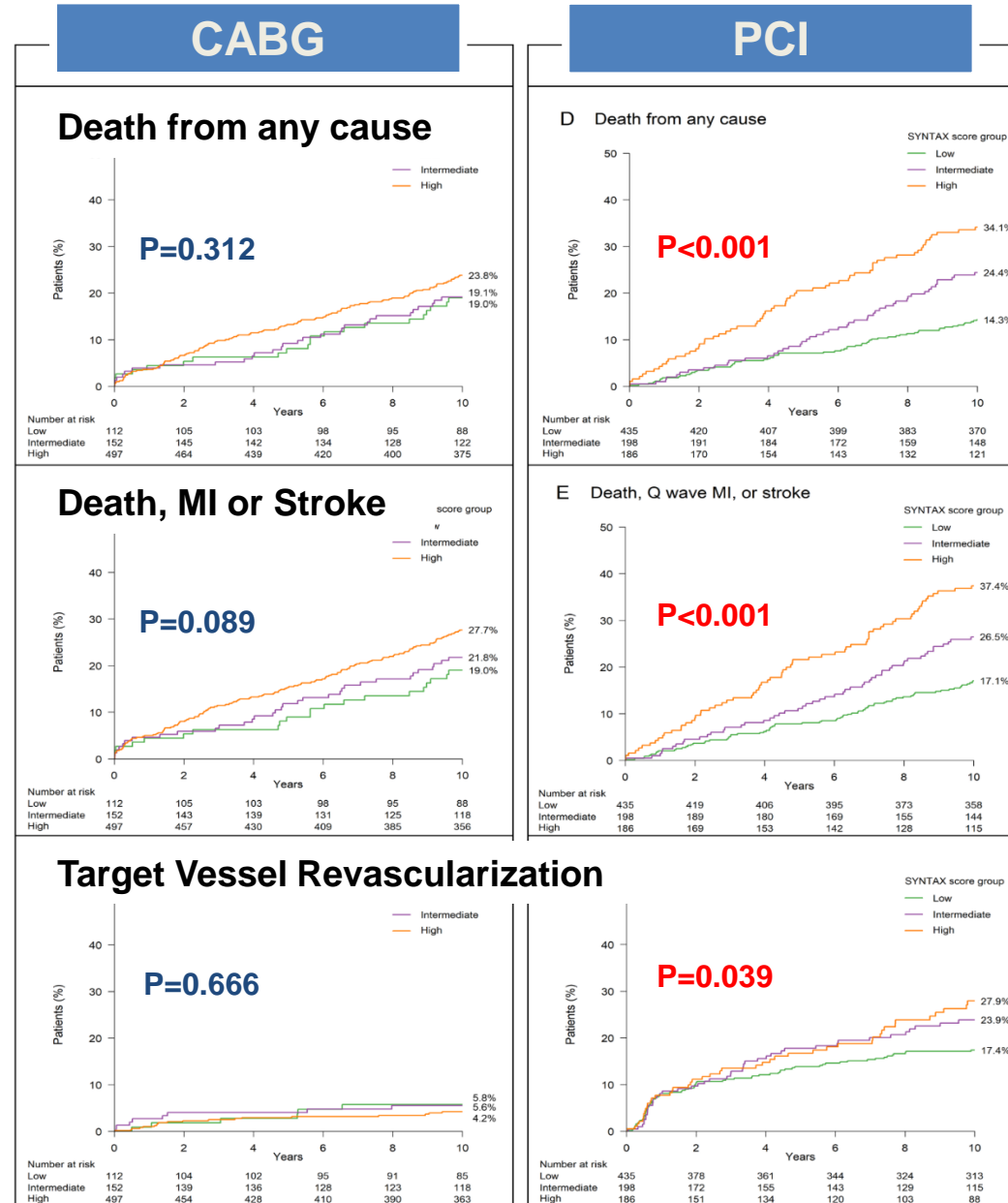
E Death, Q wave MI, or stroke



Target Vessel Revascularization



10-Year K-M Curves: each CABG and PCI arm



High SYNTAX score
Intermediate
Low

PCI vs. CABG for LM Disease 2019

1. Mortality of PCI with DES is Comparable with CABG
2. Higher Revascularization in PCI
3. 10-Year report of the MAIN-COMPARE registry suggested higher risks of death and serious composite outcomes after DES than after CABG beyond 5 years.
4. Long-term (10 year) comparative outcomes should be confirmed or refuted through extended follow-up of RCTs (EXCEL and NOBLE).

The background of the slide is a monochromatic blue-tinted photograph of a mountainous landscape. It features several layers of rolling hills and mountains, each covered in dense evergreen forests. The perspective is from a high vantage point, looking across the valleys. The sky is a pale, clear blue, and the overall atmosphere is serene and expansive.

Thank You !

summitMD.com